# Surgical treatment of false aneurysm of the sciatic artery – case report and literature review

Tratamento cirúrgico de pseudoaneurisma de artéria isquiática – relato de caso e revisão da literatura

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# Abstract

The persistent sciatic artery is a rare anatomical variation, with few cases described on the literature. It presents clinically as aneurysm formation, pulsate gluteal mass, acute or chronic limb ischemia and sciatic nerve compression. Diagnosis is confirmed by imaging methods: duplex scan, CT angiographt and magnetic resonance angiography. Treatment is indicated in symptomatic cases and when there is aneurysm formation and it is performed by ligation of the sciatic artery or endovascular embolization, associated with limb revascularization in the cases the sciatic artery is the main blood supply to the limb. We report the case of a 43 year-old female patient, with a false aneurysm of the sciatic artery confirmed by duplex scan and magnetic resonance angiography who had local pain and sciatic neuropathy due to neural compression. Surgical exploration was performed, with ligation of sciatic artery and thrombus removal. At the 12 months follow up there was significant pain relief and she was performing motor physical therapy to recover the neurological functions of the limb.

Keywords: sciatic neuropathy; aneurysm, false; iliac artery.

## Resumo

A persistência da artéria isquiática é uma rara variação anatômica, com poucos casos descritos na literatura, manifestando-se por formação de aneurisma, massa pulsátil em glúteo, isquemia aguda ou crônica de membro inferior e compressão de nervo isquiático. O diagnóstico é confirmado com exames de imagem: mapeamento duplex, angiotomografia e angiorressonância magnética. O tratamento é indicado nos casos sintomáticos ou quando há formação de aneurisma, realizado através de ligadura ou embolização por via endovascular, sendo necessário a revascularização do membro nos casos em que a artéria isquiática é a principal responsável pelo suprimento sangüíneo do membro. Apresentamos o caso de uma paciente do sexo feminino, 43 anos, com pseudoaneurisma de artéria isquiática confirmada por mapeamento duplex e angiorressonância magnética, com quadro de neuropatia isquiática por compressão nervosa e dor local. A paciente foi submetida à exploração cirúrgica com ligadura da artéria isquiática e remoção dos trombos. No seguimento de 12 meses, apresentou importante melhora da dor e realizou fisioterapia motora para recuperação das funções neurológicas do membro.

Palavras-chave: neuropatia ciática; falso aneurisma; artéria ilíaca.

## Introduction

The persistent sciatic artery was described in 1832 by Green<sup>1</sup>. It is an extension of the internal iliac artery, which supplies blood to lower limb in the early embryological period and takes part in the formation of the inferior gluteal, profunda femoral, popliteal and fibular arteries and foot vessels. It rarely persists (0.025 - 0.04%) in the adult, and more than 160 cases have been described in the literature.

Its clinical manifestations are: aneurysm formation (pulsate gluteal mass), acute or chronic limb ischemia and sciatic nerve compression<sup>2-4</sup>.

## **Case report**

A 43-year-old female patient was admitted with pain in the left gluteal area and a local palpable mass. At physical examination, she presented normal pulses in the lower

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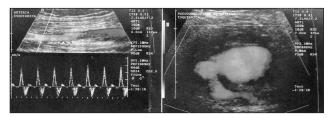
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limbs and left gluteal palpable mass. She had systemic arterial hypertension and chronic renal failure, and she had been in hemodialysis for seven years. Her condition progressed with radiation of the pain to the posterior aspect of the left lower limb, associated with paresthesia, left foot drop and inability to perform dorsal flexion of the foot.

The investigation started with computed tomography and ultrasonography, which showed an expansive mass in the gluteal muscle depth. A duplex scan showed false aneurysm of the sciatic artery measuring 46x52 mm transversally and 48x52 mm longitudinally (Figure 1). Magnetic resonance angiography confirmed the presence of incomplete persistent sciatic artery, with false aneurysm of the sciatic artery in the gluteal region (Figures 2, 3 and 4).



**Figure 1.** Cross-sectional view in a duplex scan, showing the sciatic artery with false aneurysm.



**Figure 2.** Magnetic resonance angiography showing persistent sciatic artery with false aneurysm.



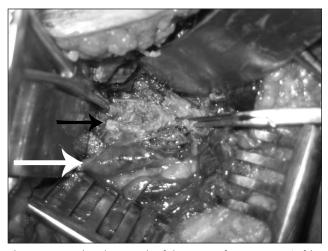
**Figure 3.** Magnetic resonance angiography showing persistent sciatic artery with false aneurysm.



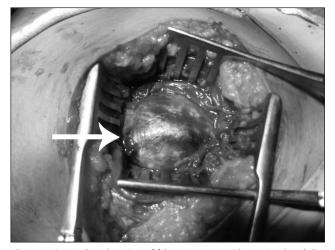
**Figure 4.** Magnetic resonance angiography showing the false aneurysm capsule and neck in the sciatic artery.

Due to the neurological degradation caused by sciatic nerve compression, it was decided to perform surgical treatment to decompress the sciatic nerve and relieve the pain and restore the neurological function of the left lower limb. With the patient in the supine position, the procedure consisted of an access to the gluteal region, removal of the thrombi adjacent to the artery, identification of the sciatic artery and the origin of the false aneurysm, followed by proximal and distal arterial ligation. As the blood supply to the left lower limb was through the femoral artery, revascularization was not required (Figures 5 and 6).

In the postoperative period, the patient presented significant pain relief in the lower left limb and gluteal



**Figure 5.** Transgluteal approach of the surgery for symptomatic false aneurysm of the sciatic artery (white arrow).



**Figure 6.** Surgical exploration of false aneurysm with proximal and distal ligation of the artery and removal of thrombi (white arrow). Sciatic nerve exposed (black arrow).

area and partial recovery of limb sensitivity and motor function. She was discharged from hospital 5 days after the procedure and underwent outpatient physiotherapy sessions for 12 months to fully recover the neurological function of the limb.

### Literature review

The sciatic artery supplies axial blood to the embryo's lower limbs and it is an extension of the internal iliac artery that crosses the sciatic foramen and runs behind the adductor magnus muscle, becoming eventually the popliteal artery. It usually suffers a process called involution when the embryo reaches about 22 mm and the ilio-femoral system becomes the main blood supply to lower limbs. When the femoral system does not develop or the embryonic sciatic artery does not involute, this axial artery becomes the sciatic artery and ensures the blood supply to the limb<sup>5</sup>.

There are two major categories of persistent sciatic artery: the complete form, which corresponds to 63– 79% of the cases, when the sciatic artery is the dominant blood supply to lower limbs through a direct communication between the internal iliac and popliteal arteries. In most cases, the external iliac and common femoral arteries are complete, but the superficial femoral artery is hypoplastic and communicates with the popliteal artery through collateral arteries. In the incomplete form, the femoral system is dominant and the sciatic artery is hypoplastic and communicates with the femoral system through collateral arteries<sup>6,7</sup>.

Sultan et al.<sup>8</sup> classified the anomalies into five types, based on the superficial femoral artery: type I is the complete persistent sciatic artery and femoral system that ends up as the popliteal artery; type II corresponds to the complete form associated with aplasia of external iliac and femoral arteries, with normal superficial femoral and popliteal arteries; type III is the incomplete form with the femoral system in communication with the popliteal and sural arteries; type IV is the incomplete form with hypoplasia of the sciatic artery and dominant femoral system; and type V corresponds to the incomplete form with hypoplasia of the sciatic and femoral arteries.

The persistent sciatic artery is associated with other congenital anomalies, such as arteriovenous fistula<sup>3</sup>, lower extremity hypertrophy<sup>9</sup>, internal carotid artery and abdominal aorta aneurysms<sup>10</sup>, neurofibromatosis, bone hypertrophy and solitary kidney. In 12–32% of the cases, the persistent sciatic artery is bilateral<sup>11,12</sup>. The most frequent complication of this anomaly is aneurysm formation, which occurs in 44–61% of the cases<sup>13</sup>. The reasons for sciatic artery predisposition to atheromatous degeneration and aneurysm formation are still not clear.

The clinical presentation is dependent upon the anomaly type and presence of aneurysm. If the femoral artery is hypoplastic or absent, the patient shows no or low femoral pulse and palpable femoral and foot pulses (Cowie's sign)<sup>2,4</sup>. The aneurysm thrombosis or embolization causes lower limb ischemia. Forty per cent of the patients are asymptomatic and the sciatic artery is an incidental finding. The most frequent clinical presentation is lower limb ischemia (31.1%), followed by gluteal mass (25.7%). In 25% of the cases of limb ischemia, it is critical, with risk of limb loss. Large aneurysms may cause sciatic nerve compression, with pain, paresthesia and decreased motor function of the affected limb<sup>15</sup>.

The diagnostic suspicion at the clinical exam should be confirmed with further exams. A duplex scan may show hypoplastic femoral system, the presence of an aberrant artery that fills the popliteal artery and the presence of aneurysm in the gluteal region<sup>16</sup>. Computed tomography angiography and magnetic resonance angiography are useful in the therapeutic planning, as they show whether the aneurysm neck is inside or outside the pelvis, and in the treatment follow-up<sup>17</sup>. Arteriography should be used to outline the anatomy, the type of persistence and the distal vessels, which will determine the best surgical method.

The treatment is dependent on the anomaly form, clinical manifestations, concomitant peripheral obstructive arterial disease and presence or absence of aneurysm. In asymptomatic cases without aneurysm, no intervention is required<sup>6</sup>, but monitoring should be made by duplex scan to detect any aneurysm formation. The presence of aneurysm indicates an intervention is required, due to the high risk of thromboembolic complications. In incomplete forms, aneurysm can be treated by simple ligation or endovascular embolization<sup>2,8</sup>.

In complete forms, besides the aneurysm exclusion, the limb requires revascularization, preferably through a femoral-distal bypass. When the aneurysm neck is located within the pelvis, the access should be transperitoneal or extra-peritoneal, increasing the magnitude of the operation and the risk of complications. When the aneurysm is completely outside the pelvis, the posterior transgluteal access is recommended. After aneurysm exclusion, a femoral popliteal bypass is made<sup>14,18</sup>. Fearing et al.<sup>19</sup> and Gabelmann et al.<sup>20</sup> successfully performed endovascular treatment of a sciatic artery aneurysm with the implantation of a stent, recommending this technique to high risk patients, with limited life expectancy. The endovascular procedure is not indicated in cases with compression of adjacent anatomical structure, as in the case report.

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#### Author's contribution

Conception and design: GIH, FEC Analysis and interpretation: GIH, FEC, VZB Data collection: GIH, VZB, ESLR, MCSP Writing the article: GIH, DK, LMM Critical revision of the article: GIH, FEC, LMM, DK, MCSP Statistical analysis: GIH Overall responsibility: GIH, FEC Obtained funding: GIH

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